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FairWarning helps healthcare organizations establish a culture of security, privacy, and compliance to expand trust with their patients. Our patented cloud-based platform simplifies the full lifecycle of privacy and insider security incident management and helps those in the highly regulated healthcare industry more easily detect, investigate, mitigate, and remediate improper user access or behavior. FairWarning helps satisfy key regulatory requirements across multiple industries and localities, including HIPAA, GDPR, PCI, and SOX.





## The Converging Paths of Cyber Risks and Patient Safety

Richard Staynings  
HIMSS Cybersecurity  
Committee

**himss**

*transforming health through information and technology™*

# Agenda

1. What is Patient Safety?
2. What is Cyber Risk?
3. Why is Cyber Risk So important in Healthcare?
4. How to Assess and Manage Risk

# What does Patient Safety mean to CEOs?



Healthcare CEOs know all about patient safety – at least that’s what they’ll tell you. Joint Commission and others have been all over the subject for years. Ask them what patient safety really means and most will probably start talking about how health care organizations protect their patients from errors, injuries, accidents, and infections. It’s a big issue. As many as 440,000 people die every year from preventable errors in hospitals alone.

# Patient Safety



Patient safety means more than protecting patients from medical malpractice and **hospital-borne** infections.

If medicine is about keeping the whole body healthy then patient safety should follow a similar approach.

And that includes....

# CYBER RISK

# Healthcare is Under Attack

It has become a major target for theft of PHI, ransomware and DDoS

Healthcare is also poorly protected compared to other industry sectors and therefore is considered an easy target with rich pickings

Hospitals have been disproportionately hit with ransomware since 2014



# WannaCry Global Attack





# Not Petya / Nyetya cost \$1.2 Billion

## Lost Revenue Only

FedEx TNT	\$300,000,000
Nuance Communications	\$ 15,400,000
Mondelez International	\$150,000,000
Reckitt Benckiser	\$129,000,000
Maersk	\$275,000,000
Merck & Co. Pharmaceuticals	\$135,000,000



**NonPetya forced Maersk to reinstall 4,000 servers, 45,000 PCs & 2,500 applications**

# Security and Risk Management Due Diligence



**Singapore  
General Hospital**

**SingHealth**

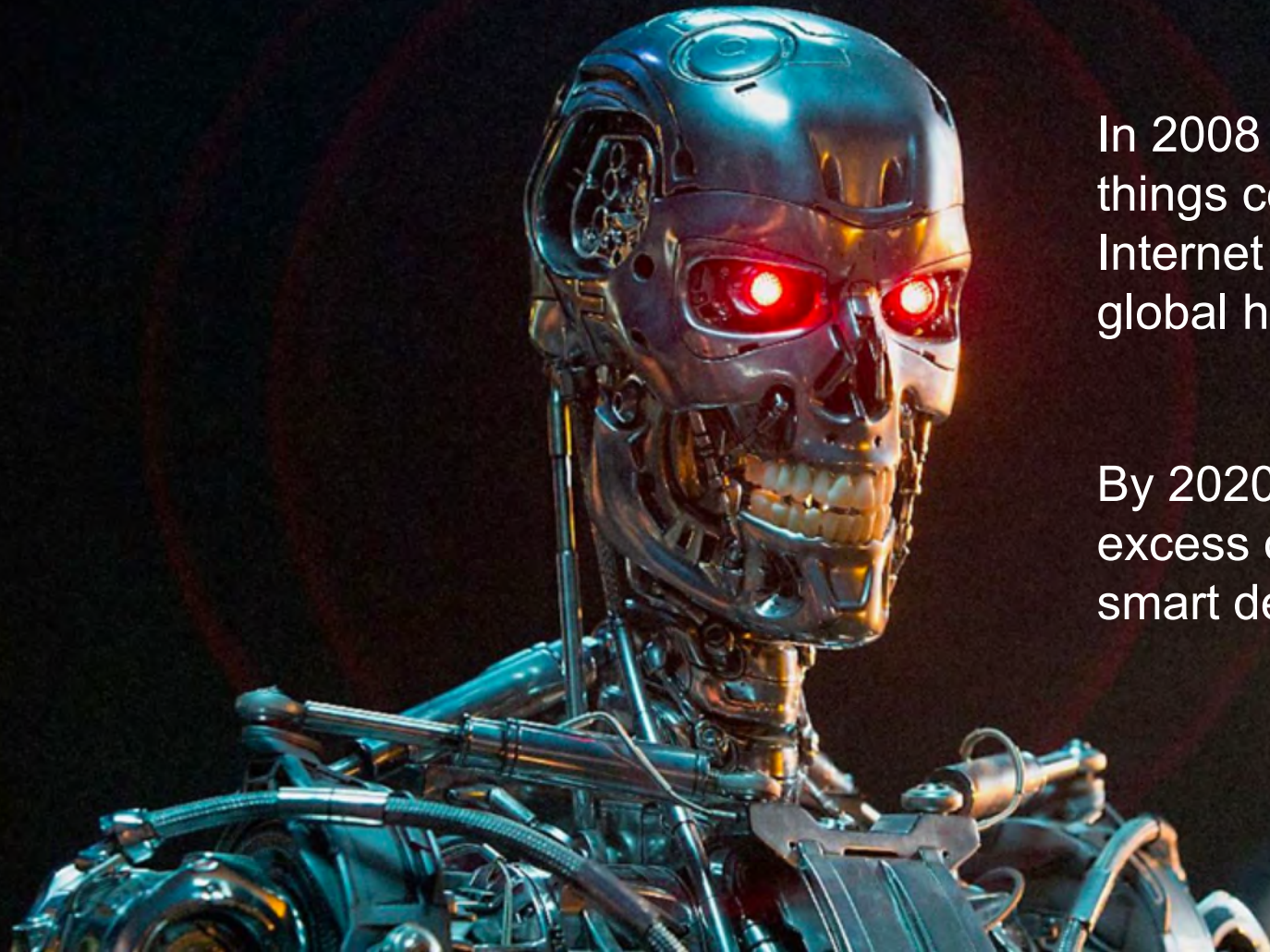
**PATIENTS. AT THE HEART OF ALL WE DO**

**DDoS being used against critical infrastructure**



# Rising use of IoT BotNets – CCTV Cameras





In 2008 the number of things connected to the Internet surpassed the global human population

By 2020, there will be in excess of 30 billion smart devices

# Attacks are increasing in scope, size and frequency.

Its no longer a question of “IF” you get hacked  
its now one of “WHEN” you get hacked  
and ..... “HOW OFTEN”



# Why is Healthcare Under Attack?

# Lack of Understanding of Cyber Risks



20 years of under-investment in Healthcare Security  
....and healthcare is an increasingly value-laden target



# Healthcare uses a LOT of Vendors



**HIMSS**

# Third-Party Due Diligence



# Third Party Vendor Risk Management

- Rank your vendors
- Perform Risk Analysis to SP800-30 standards
- On all of them over time
- But ...with 3,000+ vendors, partners, suppliers and Business Associates how can you possibly assess and report risk for each of them?
- Good News: New Are Tools Coming



# Target Breach caused by insecure HVAC Vendor





# INTERNET OF THINGS

# Hospital IoT



## Hospital Building Management Systems



**Massive Growth in Medical Devices**

# All Connected to the Hospital Network



Medical Devices



# Healthcare IT and IoT

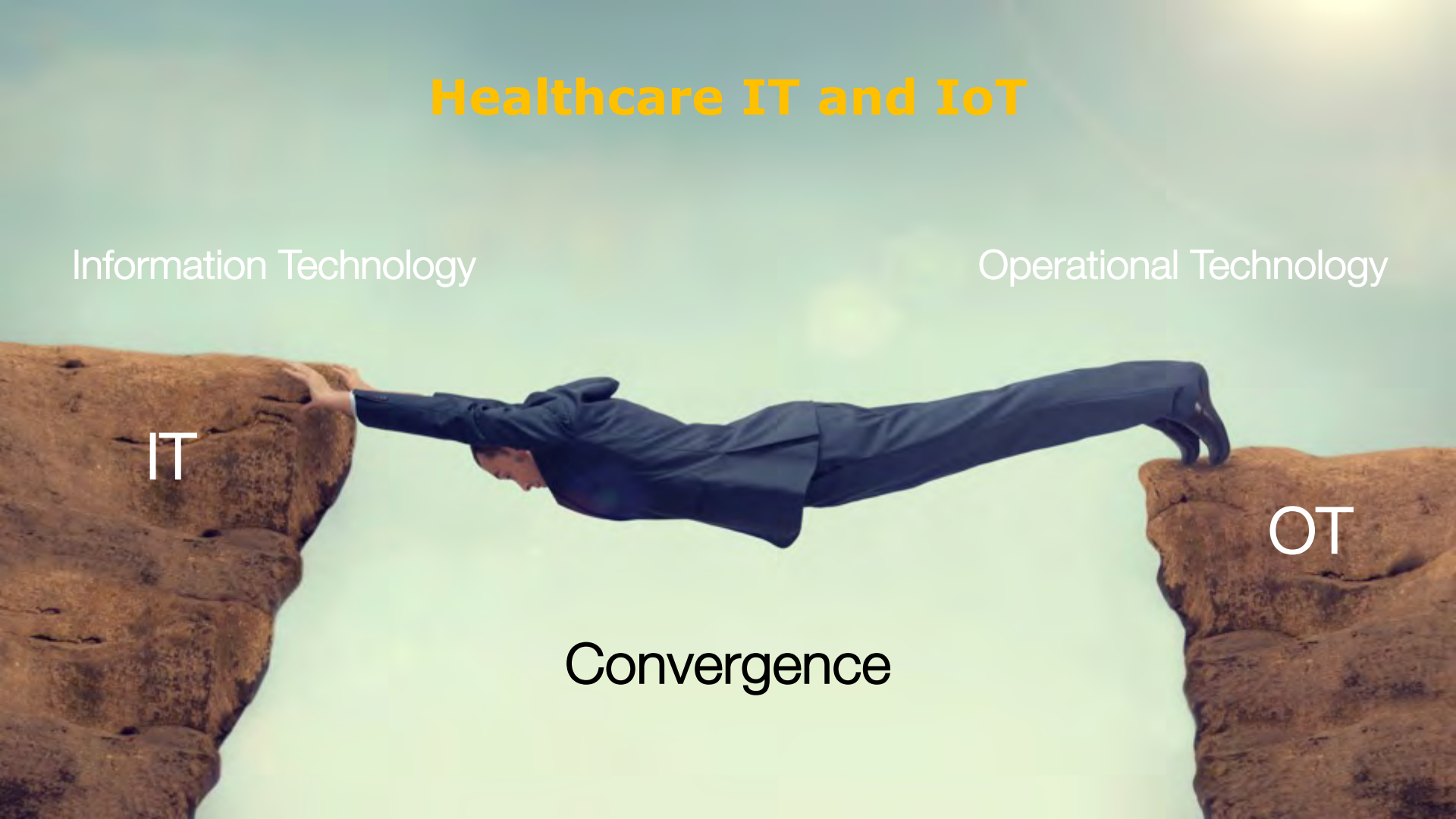
Information Technology

Operational Technology

IT

OT

Convergence



# We need to Risk Assess, Isolate & Segment all Medical Devices



**The Weakest Link**

A person wearing a dark hoodie is seen from behind, sitting at a desk in a server room. They are looking at several computer monitors displaying various data and code. The room is dimly lit with blue light from the screens and server racks in the background.

**The Next Level of Ransoms...won't be against data**

**It will likely be leveled directly against  
Hospital IOT systems and Medical Devices**

# IOT services we can't do without:

- HVAC
- Elevators / Lifts
- Water Management
- Electrical supply

# Many Hospital Deaths Result of the Failure of Critical Building Management IoT Systems



Hurricane Katrina  
August 2005

# HIPAA Security Rule

**Requires: Administrative, Technical and Physical security controls to protect the Confidentiality, Integrity and Availability of Health IT Systems and Data**

# The Big Concern However is AVAILABILITY





## Your personal files are encrypted!



Your important files **encrypted** produced on this computer: photos, videos, documents, etc. **Here** is a complete list of encrypted files, and you can personally verify this.

Encryption was produced using a **unique public key RSA-2048** generated for this computer. To decrypt (decrypt) need to obtain the **private key**.

The **single copy** of the private key which will allow you to decrypt the files, located on a **secret server** on the Internet, the server will **delete** the key after a time specified in the window. After that, **nobody and never will be able** to restore files.

To **obtain** the private key for this computer, which will automatically decrypt files, you need to pay **500 USD / 500 EUR / similar amount** in another currency.

Click «Next» to select the method of payment and the currency.

**Any attempt to restore or damage this software will lead to the immediate destruction of the private key by the server.**

Private key will be destroyed on  
9/24/2013  
6:21 PM

Time left:

54 : 15 : 15

MacBook Pro



# Availability of Health IT Systems



Health A-Z

Live Well

Care and support

## NHS cyber attack: update

Advice for people accessing the NHS over the coming days.



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No matter where you live, healthcare today is highly dependent upon electronic systems

Patient Safety and IT System Availability Are Now Inextricably Linked



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# When IT Systems are not available ..... Patient Care Declines



# Reasonably Anticipated Threats

OCR is beginning to change its focus and is asking for evidence of security analysis of all **Reasonably Anticipated Threats** rather than just devices that create, contain or transmit PHI.



**Reasonably Anticipated Threat** includes anything that connects to a healthcare network – including IoT and medical devices.

The threat is that one of these devices could be turned into a botnet or used as a foothold or as an ingress / egress gateway for the exfiltration of non-public 'Protected' information.

# Integrity is Also a Growing Concern



Can You Trust  
the Integrity of  
your EMR, Lab  
Equipment &  
other systems?

Is my medical  
data correct?

# Ethical Hacker Barnaby Jack hacked a pacemaker



In 2012 Jack demonstrated the ability to assassinate a victim by hacking their pacemaker at the BreakPoint security conference in Melbourne, Australia.

Since then hundreds of others have demonstrated similar attacks.



**Can you Trust Your Medical Devices?**

**If Your  
Patients Were  
Held to Cyber  
Ransom....**





Would you take the risk of Not Paying?



Without Good Information its tough to make the Right Call

# First - Conduct an Enterprise Risk Assessment (Including Medical Devices)



- Frame
- Assess
- Respond
- Monitor

Your Risk Analysis needs to conform to HHS OCR Guidance or it will be rejected

## Final Guidance on Risk Analysis

The Office for Civil Rights (OCR) is responsible for issuing periodic guidance on the provisions in the HIPAA Security Rule. (45 C.F.R. §§ 164.302 – 318.) This series of guidance documents will assist organizations in identifying and implementing the most effective and appropriate administrative, physical, and technical safeguards to protect the confidentiality, integrity, and availability of electronic protected health information. The materials will be updated annually, as appropriate.

[View the Final Guidance on Risk Analysis - PDF](#)



# Risk Assessment

## **Is NOT:**

- **Technical Vulnerability Assessment**
- **Penetration Test**
- **Compliance Gap Assessment**

*HIPAA and other regulations require you to conduct an Annual Risk Assessment*

*But how can you do that if you don't know what assets you have attached to your network?*

*Or understand what threats exist against them?*

**(That Includes Medical Devices)**

# Is Your Current Risk Assessment Process.....?

- ~~Controls Based~~
- Asset Based

You will need to evaluate the effectiveness of your security controls but before you can do that you need to understand what information assets you have



# Determine the Level of Risk at Granular Level

Asset	Threat Source / Action	Vulnerability	Likelihood	Impact	Risk Rating
Laptop	Burglar steals laptop	No encryption	High (5)	High (5)	25
Laptop	Burglar steals laptop	Weak passwords	High (5)	High (5)	25
Laptop	Burglar steals laptop	No tracking	High (5)	High (5)	25
Laptop	Careless User Drops	No data backup	Medium (3)	High (5)	15
Laptop	Shoulder Surfer views	No privacy screen	Low (1)	Medium (3)	3
Laptop	Lightning Strike	No surge protection	Low (1)	High (5)	5

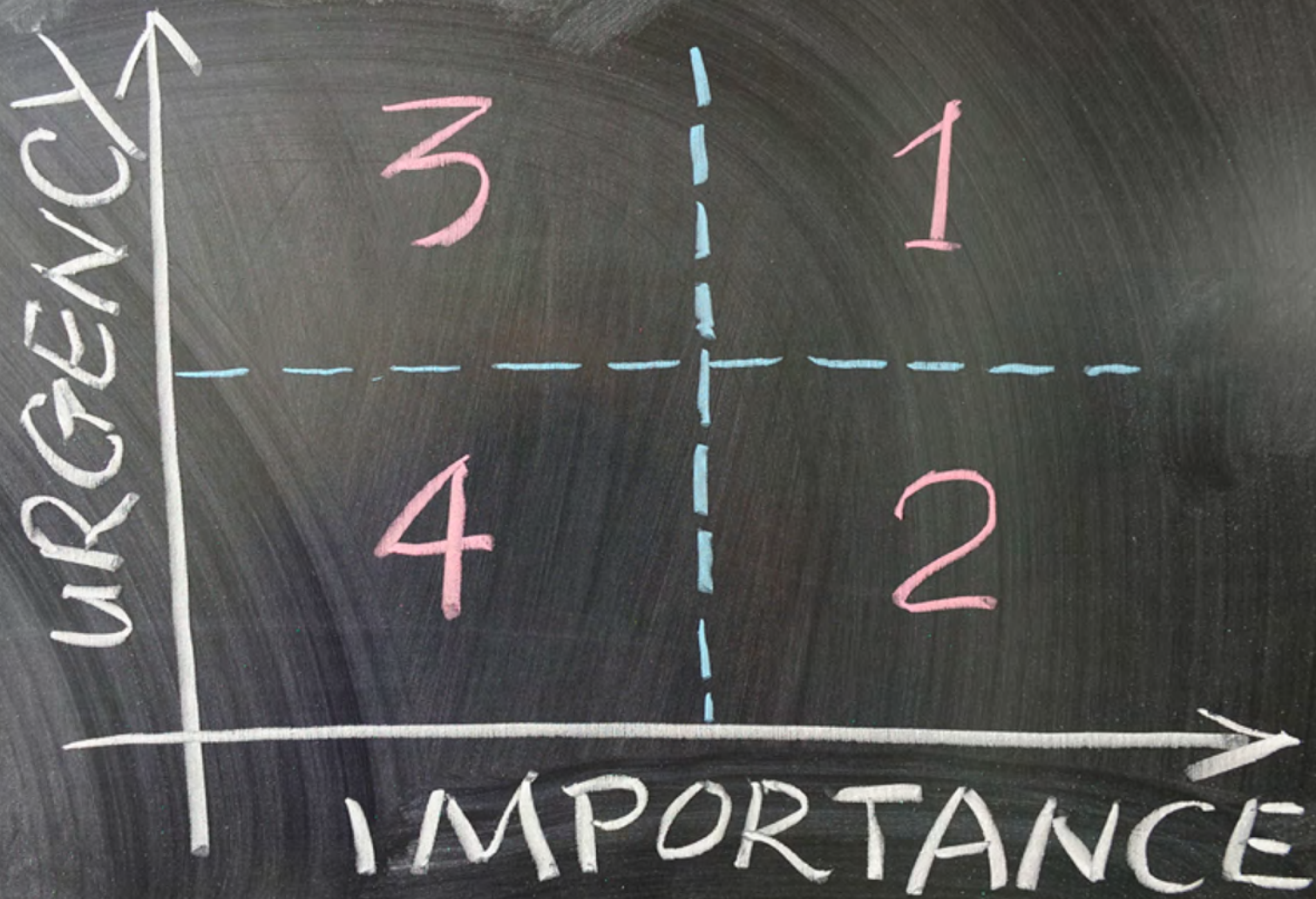
## So You Can..

CRITICAL and HIGH RISK findings should be addressed immediately to minimize the likelihood and impact of a potential attack.

Given scarce resources we need to prioritize.

Remediation of MEDIUM and LOW risk findings may need to be budgeted for next year.







# Questions?



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A portrait of Richard Staynings, a middle-aged man with light brown hair, wearing a dark suit, white shirt, and patterned tie. He is looking slightly to the right of the camera with a neutral expression.

# Thank You

Richard Staynings

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